

Mama doggie usually has more than one puppy, but has enough nipples to feed them all. She takes good care of them, licking them to keep them clean and loved.

This African mama has but two nipples for her one baby, but two are enough. And she is very generous with her milk and her soothing.

Child Heath Foundation currently has projects in Africa, India, the Philippines, and even in the United States. Our funds make a big difference in the lives of the children there. But we can do it only with your

help. Many of you have given generously.



THANK YOU!

Child Health Foundation

110 East Ridgely Road • Timonium, MD 21093 (410) 992-5512 Email: contact@childhealthfoundation.org Website: childhealthfoundation.org



Happy Holidays From all of us at the Child Health Foundation



Saving the greatest number of children's lives at the lowest possible cost. 2021 Holiday Card

In 2020 the Child Health Foundation supported seven projects to address neonatal and maternal mortality in vulnerable communities around the world.

Pictured here are new mothers in one of our projects in Uganda expressing thanks for CHF support. Midwifes there are being taught proper sanitary pro-



cedures for umbilical cord cutting after birth. In some communities this is commonly done with an infected knife, subjecting the mother to a sometimes-fatal infection. By distributing disinfectant, along with training traditional birth attendants, 375 mothers were reached with potentially life-saving interventions.

A radio program is being played in the morning and evening informing the community and other parts of Uganda on how to use the disinfectant, assuring that many lives will be saved. Even the very poorest homes have a radio.

Using methods tailored to the communities we serve is what allows CHF to have a large impact with only \$5,000 grants. We believe saving the lives of children is one of the best investments you can make, and we thank you for your generous support.

Will you please continue helping by donating this year in the envelope provided? Or visit our website to make your tax-deductible gift.

Goslings



One of the projects that CHF supported was called *Goslings*, carried out by Baltimore's Port Discovery Museum, which educates children and inspires life-long curiosity through creative, guided play thus developing smarter, healthier, engaged kids, and promoting success in school and in life.

You no doubt know that a gosling is a young goose, inspiring such responses as "cute and adorable." Here it's a name for a program that meets the specialized needs of NICU cute and adorable infants,



Goslings is a hands-on (using dolls as illustrated here), interactive program designed to improve parent interactions with medically fragile infants by:

1. Helping parents interpret and respond to their infants' cues of readiness, coping and stress.

2. Educating parents on the benefits of talking, reading, and singing to their infant.

Hampered by Covid, children were not able to be in school so Port Discovery began distributing backpacks filled with at-home educational enrichment materials to

students at over 40 weekend meal pickup sites across greater Baltimore. Each of these *PlayPacks* contained 4 essential, developmentally supportive play items designed to help keep vulnerable children from falling even further behind their peers.

