



A member of the neonatal staff of a hospital in Sierra Leone is carrying out a project of an organization there that received CHF's funds and supervision for an activity they call *Save Babies*. She is demonstrating a procedure called Bubble CPAP as a training measure for the nurses and midwives of the hospital.

Bubble CPAP is a ventilation strategy that uses continuous positive airway pressure, maintaining lung volume. It saves the lives of premature babies in respiratory distress.

The organization also specializes in a practice known as kangaroo care, a practice whereby the mother carries the new baby skin-to-skin like a marsupial kangaroo Joey. This promotes well-being and ease for breast feeding.

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Happy Holidays

From all of us at the
Child Health Foundation



CHILD HEALTH FOUNDATION

*Saving the greatest number of children's lives at the lowest possible cost.
2022 Holiday Card*

Child Health Foundation has supported eight projects in seven countries this year. The focus was directed toward improving the lives of infants during the first year of life. Infants are most vulnerable during this early time period and CHF believes that small innovative projects can make a major impact on child health in diverse settings.



Here is one of these important projects that we gave our watchful attention. This mother is cuddling her infant who is perhaps alive because of a gel that her midwife used to sterilize the knife used to cut the cord. More often, however, it is the mother who succumbs to the infection.

The project is called *Safe Birth in a Box* and is distributed, with training, to the Community Health Workers in local health facilities.

Many lives have been improved and saved in all eight of our projects in South Sudan (above), Nigeria, Tanzania, Rwanda, Sierra Leone, Uganda (2), and the Philippines.

We can't do any of this without your support.

We thank all of you who have given generously through the years and ask again for you to use the envelope enclosed. Or you can go to our website and use your credit card.

Thank You



You can see that this baby is healthy. He can't talk so he uses his voice like this to tell mama what he wants. Could be he's hungry, tired, or needs to be held.

There are many babies, especially in developing countries, that are not healthy. It's the mothers of those little ones who cry because they haven't got what the baby needs.

Does this make you cry?



Just to amuse you!

Stool Sample